

NULYTELY/COLYTE PREPARATION FOR COLONOSCOPY

PLEASE READ ALL INSTRUCTIONS AS SOON AS THEY ARE RECEIVED.

1. NO ASPIRIN OR IBUPROFEN PRODUCTS 7 TO 10 DAYS PRIOR TO PROCEDURE. TYLENOL IS ALLOWED.
2. IF YOU ARE TAKING COUMADIN, PLAVIX OR ANY OTHER BLOOD THINNERS PLEASE NOTIFY THE OFFICE AT LEAST 10 DAYS PRIOR TO THE EXAM.
3. PLEASE HAVE SOMEONE AVAILABLE TO DRIVE YOU HOME.

You are schedule to have a colonoscopy, which is an examination of the large intestine. In order to obtain the best possible results, it is essential that your colon be as clean as possible. Nulytely (or Colyte) is a rapid, effective, and safe method of preparation. Please follow these instructions carefully.

Nulytely/Colyte is available by prescription at your local pharmacy. Dulcolax tablets are available over the counter. After mixing please refrigerate Nulytely until used.

DAY BEFORE EXAMINATION.

1. Light breakfast. No seeds, no nuts.
2. Light lunch at 12:00PM. No seeds, no nuts.
3. After 12:00 PM: CLEAR LIQUIDS ONLY. This includes juices without pulp, water, clear broth or bouillon, coffee, tea, soda, Gatorade, Jell-O, and Popsicles. NOTHING COLORED RED OR PURPLE.
4. 6:00 PM begin drinking the Nulytely/Colyte solution. The recommended rate is an 8oz glass every 10 to 15 minutes. Most people prefer it at a cooler temperature. It will generally result in bowel movements within the hour. You may find baby wipes more comfortable.
5. After finishing the solution at approximately 9:00 to 10:00 PM. You may take 3 Dulcolax tablets with a full glass of water. This will encourage a full evacuation.

DAY OF EXAMINATION

1. You may have clear liquids up until 3 HOURS PRIOR TO YOUR EXAM.
2. Arrive for you colonoscopy at the scheduled time.

PLEASE CALL 508-747-1560 WITH ANY QUESTIONS.

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