

PREPARATION INSTRUCTIONS FOR UPPER ENDOSCOPY

PLEASE READ ALL INSTRUCTIONS WELL IN ADVANCE OF YOUR EXAM.

1. NO ASPIRIN OR IBUPROFIN PRODUCTS 7 DAYS PRIOR TO PROCEDURE. TYLENOL IS ALLOWED.
2. IF YOU ARE TAKING COUMADIN, PLAVIX, OR ANY OTHER BLOOD THINNERS PLEASE NOTIFY THE OFFICE 10 DAYS PRIOR TO THE PROCEDURE.
3. PLEASE HAVE SOMEONE AVAILABLE TO DRIVE YOU HOME.

Fasting from solids begins at midnight. You may have clear liquids up to 6 hours before your exam.

CLEAR LIQUIDS INCLUDE:

- Strained fruit juices without pulp
- Water
- Clear broth or bouillon
- Coffee or tea

All of the following (but not colored red or purple)

- Gatorade
- Carbonated and non carbonated soft drinks
- Kool-Aid (or other fruit flavored drinks)
- Plain Jell-O (without added fruits or toppings)
- Popsicles

PLEASE CALL 508-747-1560 WITH ANY QUESTIONS.

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